

17th
Annual

Sponsored by The Paducah Sun & The Metropolis Planet

Groceries for Good

Saturday, November 21



Making a difference, one item at a time...

Simply pick up a bag at one of the participating grocers and fill with needed items.

The Paducah Sun employees along with volunteers from Boy Scouts, Girl Scouts, National Honor Society students and agency representatives will be present to help distribute items to agencies.

AGENCIES SUPPORTED

COPE of Massac County • Faith Tabernacle • Family Service Society • Guardian Family Services Center
Hope Unlimited • House of Hope • Martha's Vineyard • Merryman House Domestic Crisis Center
Paducah Cooperative Ministry • Paducah Day Nursery • River City Mission
Salvation Army • St. Vincent de Paul Budget Store

BASIC NEEDS

- Applesauce
- Boxed stuffing
- Cake mix & frosting
- Canned fruits
- Canned meats (Spam, tuna, beef stew, canned chicken, canned chili, etc.)
- Canned milk
- Canned pumpkin
- Canned soups
- Canned vegetables
- Cereal

- Corn meal
- Crackers
- Cranberry sauce
- Dried beans & peas
- Flour
- Fruit juices
- Instant potatoes
- Ketchup & mustard
- Kool-Aid
- Macaroni & cheese
- Pancake mix & syrup
- Peanut butter & jelly
- Pork & beans

- Rice
- Salt & pepper
- Soup
- Spaghetti & sauce
- Sugar
- Tea & coffee
- Tomato sauce

SPECIALTY ITEMS

- Baby cereal
- Baby food (all stages)
- Baby lotion
- Baby oil

- Baby powder
- Baby shampoo
- Baby wipes
- Bath soap
- Bottled water
- Boxed cereal & baby cereal
- Cleaning supplies
- Diapers (stages 3, 4 & 5)
- Dish detergent
- Fruit cups
- Graham crackers
- Iron Fortified baby formula
- Little Debbie snacks

- Paper towels
- Pop Tarts
- Shampoo
- Sippy cups and bottles
- Snack crackers
- Toilet paper
- Tooth brushes
- Tooth paste

Participating grocers:

BIG JOHN

FOOD WORLD

**Save
a lot**

Food GIANT
100% Employee Owned
"Where your neighbors are the owners"
NORTHERN DIVISION

SUPERVALU
FOODS

Pat's Market

Kroger

Donations Accepted. Please Make Checks Payable to:

The Paducah Sun/Groceries for Good • 408 Kentucky Ave. • Paducah, KY 42002